

APEDALE

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Parish Magazine for
the 4 parishes of
Apedale



Image: Peter Steggles



Cardington
Eaton-under-
Heywood
Hope Bowdler
Rushbury

August 2022

70p



THE HONEYPOT

News and views from around the
four parishes and their villages

Contacts: **Copy to**
Finance and distribution to
Advertising enquiries to

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THE HONEYPOT - PARISH MAGAZINE FOR THE APEDALE PARISHES

CARDINGTON, EATON-UNDER-HEYWOOD, HOPE BOWDLER, RUSHBURY

ALL COPY FOR THE MAGAZINE SHOULD BE SENT DIRECT TO THE EDITORIAL TEAM BY E-MAIL AT THE FOLLOWING ADDRESS: honeypoteditor@outlook.com

CONTRIBUTIONS FOR THE FOLLOWING MONTH to reach the Editorial Team by the date given on page 2.

WE ARE AWARE THAT THERE WILL BE SOME PEOPLE WHO DO NOT HAVE ACCESS TO E-MAIL. THESE PEOPLE SHOULD PASS ON THEIR COPY IN GOOD TIME TO ONE OF THE DESIGNATED CONTACTS (DETAILS BELOW) WHO WILL PASS IT ON TO THE EDITORIAL TEAM.

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Mags sent by Post: contact the Hon. Treasurer at the address below.

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(www.pinkribbonpals.wordpress.com)

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MP FOR LUDLOW, Mr Philip Dunne, 54 Broad Street, Ludlow, SY8 1GP. Tel: **01584 872 187**. Information on his local Advice Surgeries is also available on www.philipdunne.com

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Chair: Dr Colin Stevenson. Email chs261@gmail.com. Telephone 01694 771882

CARDINGTON PARISH COUNCIL Clerk: Jennie Griffiths karamynd@btinternet.com Tel 01694 751326

CARDINGTON KIDS CLUB Anna Mullock 01694 771835 anna.lowerfarm@gmail.com

EATON & HOPE BOWDLER PARISH COUNCIL Clerk: Mrs Jean de Rusett 01568 701880

Chair: -- Mr Graham Watts wattsgraham@btinternet.com

SHCT SPONSORED CYCLE RIDE in September

Cardington Jackie Tonks 01694 771525 Eaton Not known Hope Bowdler Not known Rushbury Ann Price 01694 771636 annprice@btinternet.com

VILLAGE HALL BOOKINGS

Cardington Phil Pickard 01694 771295

Hope Bowdler Ruth Jenkins 01694 724919 (also keyholder)

Rushbury Merle Lippitt 01694 771405 For details/what's on see our website www.rushburyvillagehall.org

Ticklerton John and Gill Barnard 01694 723442

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**August
2022**



Dear Friends,

This is the first time that I've written this letter as your Associate Priest, rather than your Assistant Curate. You may have noticed in the address box at the top of this letter that I have changed my email address to reflect this. My training as a minister is now complete, but I choose to stay here and continue to serve in our parishes, where my calling has been nurtured and sustained over the last twenty years or so.

The sense of things coming to fruition is very much one for this time of year as crops ripen and we start to look to the harvest of grain and of fruit – plus lots of vegetables in our gardens too. We hope for the right sort of weather to ensure the good crops to make sure we have plenty of provision for the year ahead. We know too though that none of this is certain and across the world and increasingly here too, many people struggle to make ends meet.

This month is also the one when students often receive exam results and find out whether their hopes for the future are going to be realised or whether some tweaks will have to be made in their expectations.

It is easy, and understandable, to find oneself disheartened - even overwhelmed - when things don't go to plan and one has to change one's dearly held plans.

Maybe a thought that St Luke puts into the mouth of Jesus can offer a useful piece of wisdom to us at such times:

"Who of you by worrying can add a single hour to your life?"

Worrying too much can be very destructive – and actually be an obstacle to finding ways through disappointments and challenges. We are fortunate in this area that there are many sources of help and support available, often made possible by the generosity of local people with their own time, expertise and resources. You will be able to find evidence of such groups and organisations in the pages of the Honeypot.



But at this moment, sitting in the garden with the sun shining, I pray that we may all have a chance to enjoy summer in its all too brief appearance.

With my love and prayers,

Sue

Image: supplied by Sue. Autumn 2021

Next month's copy should be with the editor by

Wednesday August 10th

PLEASE NOTE THAT THESE EVENTS MAY BE SUBJECT TO CHANGE
ACCORDING TO THE COVID REGULATIONS AT THE TIME.

Alterations to contact details on the inside cover, or the two church information sections
need to be with the editorial team before the first day of the preceding month.

Cardington News

Cardington Tote Winners:

1st	175	Fran Beck	
2nd	87	Andy Roberts	Middle Hill
3rd	216	Gavin Lloyd	
4th	117	Jill Wesson	
5th	122	David Maw	

A date for your diary....

Tuesday 6th September

Cardington Parish Council will meet in the Village Hall from 8-9.30pm. During each meeting members of the public have an opportunity to make comments or bring matters to the attention of the council. All welcome.

A date for your diary... *Sunday 11th September*

Beauty and the Beast 2023

**Cardington Capers are a local
Amateur Dramatics Society based
in and around Cardington village.**

**We perform an annual
Pantomime.**

**It's going to be Beauty & The Beast
in February '23.**

**We need more children & young
people to bring the panto to life!
Are YOU interested?**

**Not sure? We are running a Drama
Workshop led by Lisa Morris, Director Shropshire Youth
Theatre on Sunday 11th Sept ember.**

**Come and have a go!! Learn some new acting skills!! It will
be fun!!**

**To book workshop places/more details please call Fran on
07880 553265 by 19/8/2022**



Cardington Capers will start rehearsals for Beauty and the Beast in the autumn. With Covid lockdowns behind us (oh yes they are!) we are looking for new talent - especially in children and young people.

The free workshop on 11th September will be a great chance to learn some new acting skills, plus chat about potential roles in the next panto.

**Places are still available -
please call Fran on 01694
771894 asap.**

More Cardington News can be found on the website www.cardington.org.uk

CARDINGTON PARISH COUNCIL

Please visit the new Parish Council web site, the address is :-
<http://www.cardingtonparishcouncilshropshire.co.uk>

Eaton-under-Heywood News

Dates for your diary...

Saturday and Sunday 10th-11th September 10.30am – 5.30pm.

Harvest Flower Festival

We hope you can visit our beautiful Church at Eaton during our flower festival with the theme of **God's Plenty**. As well as beautiful harvest flower arrangements, there will be homemade cakes and drinks. Our Flower Festival will be rounded off with a Harvest Songs of Praise on Sunday at 4.30pm.

See also page 12.

**If you would like to help with flower arranging or with the teas please
contact nichola@eatonmanor.co.uk - the more the merrier!**



EATON UNDER HEYWOOD & HOPE BOWDLER PARISH COUNCIL NEWS

The Minutes of the parish council meeting held on 20th June 2022 are available on the website, as are the accounts and annual return for the year 2021-2022.

The July meeting was on the 18th July, 7.30pm at Hope Bowdler Village Hall when any new planning applications and other parish matters were considered. Members of the public are welcome to attend our meetings to raise any issues or concerns of a parish nature. Unless something urgent arises, the parish council does not hold a meeting in August, so after July the next meeting will be on Monday 19th September 2022 at Ticklerton Village Hall.

The Agendas for our meetings are posted on the notice board in Hope Bowdler and in the bus shelter in Ticklerton and can be viewed on our website which is www.eatonhopebowdler.co.uk. Also on the website is information about the parish council's accounts and audits, copies of minutes, agendas, protocols and financial information.

IN AUGUST THE CLERK MAY BE MOVING HOUSE AND MIGHT NOT IMMEDIATELY HAVE A TELEPHONE OR BROADBAND.

IF YOU ARE UNABLE TO CONTACT THE CLERK, MRS J DE RUSETT, AT 1, PIPE ASTON BARNES, PIPE ASTON, LUDLOW SY8 2HG, TEL. NO. 01568 701880,

OR BY EMAIL AT EATONHOPEBOWDLERPC@GMAIL.COM.

THEN PLEASE CONTACT INSTEAD CLLR. PETER JENKINS AT PETER_JENKINS7@BTINTERNET.COM, 01694 724919.

Hope Bowdler News

Please see page 13 for photographs and a report on our July Open Gardens.

Rushbury News

Wednesday 17th August

Rushbury & Cardington W.I.

The next meeting will be in Rushbury Village Hall @ 7.30pm where we will be playing indoor bowls.

Hostesses: Andrea Millard, Stevie Walker & Carole Martin

Competition: Your prettiest bowl (i.e. china).

theWI
INSPIRING WOMEN

Rushbury and Cardington WI Report from June

At the June meeting, Reverend Sam was presented with two cheques, each for £150, as a donation towards the churches at Rushbury and Cardington.



On Tuesday 21st June a group of us visited Acton Scott Hall and were given a guided tour of the house and part of the grounds by the owners Alison and Francis Acton. We had a lovely time and Alison has kindly sent a photograph of some of us before we entered The Secret Rock Garden.



We always welcome new members so anyone interested in joining our WI please call/email Liz Fullbrook on 07970924507 or liz.fullbrook1@gmail.com or Rachel Neale, telephone 07817 211179

Don't forget you can always road test us by joining us for a meeting on the third Wednesday in the month.

Apedale Amblers

Sorry to disappoint, but due to unforeseen circumstances, there will be no walks at all this month.



Rushbury Parish Council Update

There is no meeting of Rushbury Parish Council in August. If any parishioner would like to raise an issue, please feel free to contact the Parish Clerk or a Councillor, details of which are on the Council's website.

www.hugofox.com/community/rushbury-parish-council

Rushbury Parish Council

Coffee Stop

Coffee Stop is closed in August.
We look forward to meeting again on September 5th.
Until then, take care.



Rushbury Village Hall News

Unfortunately the Village Hall Committee have been unable to organise an alternative event to the usual Produce Show this year .

We look forward to its return next year!

Rushbury Tote Winners:

June

£40 to Philip Pugh
£10 to Lynette Price
£10 to Diane Pye
£5 to Mrs Speed
£5 to Pauline Griffiths

July

£40 to Grace Medicott
£10 to Ann Hurst
£10 to Josie Griffiths
£5 to Mike Pepler
£5 to Kath Edwards

Rushbury Village Hall Tote draw takes place each month. Each number between 1 to 200 has an equal chance of being a winner of the cash prizes. For £1 a month you could be in with a chance of winning. The funds raised from the Tote help provide for the village hall running and maintenance.

If you would like to join please contact **Angela Woodcock** on **01694 724528**.

Rushbury and Cardington Young Farmers

We have been very busy this month. We started off the month with a social with Alberbury and Shawbury young farmers playing bubble football on the Rushbury Millennium Green. This involved getting into inflated giant balls and running around trying to play football but as you can imagine it's a lot more difficult than it sounds. Later in the month, we went on a tour around Laura's Delicious Dairy which produces ice cream just outside Ludlow. It was fantastic to see how the ice cream is made and have a look around her dairy farm. We all got to try different flavours. Sticking on the food theme, the week after we went sausage making at Wenlock Edge Farm. We saw how the sausages were made and then had a go at trying them and packaging them. Some were better than others at this but we all had a great time. A big thank you to them for having us and our members really appreciated being able to take a packet of their own sausages home. Finally, at the end of the month we met with Cleobury Young Farmers and had a tour around Mawley Milk. We got to see their bottling plant and the robotic milking machines. They have a very modern farm which has a bio-digester to help reduce electric costs.

The Shropshire Rally was held at Callaughton House, Much Wenlock this year. There were lots of different competitions going on during the day and large home sections in which everyone got involved in. We did really well on the day, coming 3rd overall and winning the area cup. Thank you to local people who came on the day to have a look around.

We have got a charity coffee morning coming up on the 13th of August at Cardington Village Hall 9:30 - 12:30 to raise money for Lingen Davis. It would be great to get support from the local community.



Rosie Woodcock

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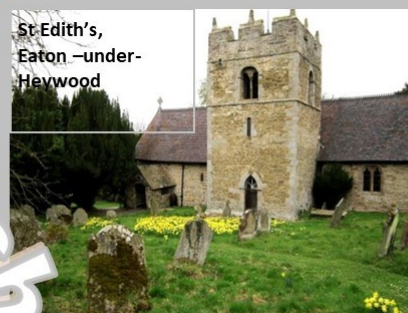
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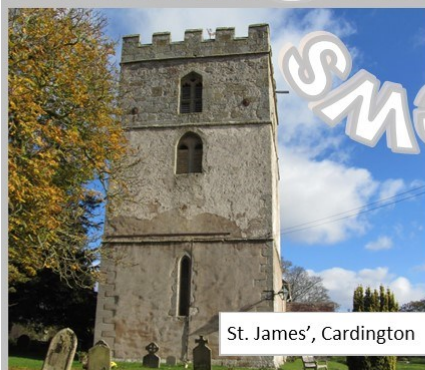
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rev.suejelleyman@gmail.com

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Pastoral Visitors Liz Donnison 01694 771374; Judith Winkworth 01694 722023.

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SERVICE TIMES FOR AUGUST

Wednesday 3rd August - 10 am: Mid-week Communion - Hope Bowdler

Sunday 7th August - 10 am: Benefice Communion - Eaton-under-Heywood

Sunday 14th August - 10 am: Benefice Communion - Cardington

Sunday 21st August - 10 am: Benefice Communion - Hope Bowdler

Sunday 28th August - 10 am: Benefice Communion - Rushbury

FROM THE PARISH REGISTERS:

Sunday 12th June at St Edith's Eaton-under-Heywood - the baptism of Evie Hartley.
We welcome Evie into the Church family.

Friday 17th June at Shrewsbury Crematorium - the funeral of Peter Brian Rowe of the Parish of Hope Bowdler.
Thursday 30th June at St James Church, Cardington - the funeral of Phyllis Anne Pugh of Shrewsbury, formerly of Cardington, followed by interment in the Churchyard.
Thursday 30th June at St Andrew's Church, Hope Bowdler - the funeral of Gladys Eileen Jenkins (known as Eileen), preceded by Cremation at Shrewsbury Crematorium.

Saturday 18th June at St James' Church, Cardington - the burial of ashes of Julian Hudson in the churchyard.
Our thoughts and prayers are with the families and friends of Peter, Phyllis, Eileen and Julian.

Notes from St James', Cardington

	Flowers	Brasses	Sidesmen
7th	Kaye	Aug/Sept/Oct Dolly and John	
14th	Jane S		Margaret Kirkwood
21st	Sarah and Lin		
28th	Alison N		

Church Cleaning

Aug 13th **Furniture** Margaret, Sally & Chris Aug 27th **Floors** Jackie, Lesley & Kaye
It would be a great help if you could arrange a swap if ever you can't do these dates. Thank you.

Notes from St Edith's, Eaton-under-Heywood

Flower rota

Diana

Cleaning rota

7th Nicky and Phyllis - later in month Ann and Megan

Some dates for your diary....

Saturday 10th and Sunday 11th September

St Edith's, Eaton under Heywood, invites you to a Flower Festival, 'A Celebration of Harvest' on September 10th & 11th.

The Church itself is very special, dating back to C12th; its beauty is its simplicity, nestled under the Wenlock Edge, far from noise and bustle. The churchyard is a haven for wildlife, the perfect place to reflect and appreciate the wonders of nature.



Come and join us, our doors will be open from 10:30 to 17:00 on Saturday 10th; 10:30 to 16:30 on Sunday 11th.
Tea, cake and produce will be available.

The Festival will close with our **Harvest Festival Service**, starting at 16:30 on the Sunday.

You are welcome to join us.



Please also see the message from Nicky in Eaton's news on page 4.

Some Notes From Gwen...

A LOVELY June day for our first service of the month.

Six guests from Eaton Manor arrived. Two RC, two Presbyterian and two Anglican. They met at Keele University many moons ago. This was one of their reunions. Four communicants; two blessings. A seventh person, another Anglican, came too.

AT NOON the church filled with friends and family of Evie. Presented by her parents for baptism, with big sister and lots of their peers to support, a beautiful blue eyed blonde cherub performed well. A very happy and joyful service.

THE FOLLOWING Sunday the lane Bank from St. Edith's rising to Ticklerton saw a long contingent of pupils from Brockton Primary school with teachers and adults midway to Church Stretton on the first leg of their charity walk to Aberdyfi. A great sight.

PREPARATIONS continue for the Flower Festival in September.

Gwen

Notes from St Andrew's, Hope Bowdler

Flower rota

1st Jenny Howard

20th Claire Szreider

If anyone is unable to do these dates, please can you find another person to do them.

Many thanks to all for all your work throughout the year, especially through difficult times.

Cleaning rota

1st Jane and Andrew Price

20th Isabella and Peter Jones

Thank you to all who help to look after our church.

If you would like to be involved, please contact Ruth on 01694 724919.

A message of thanks from Ruth...

A very big thank you to all who helped to make the Open Gardens and Cream Tea event in Hope Bowdler such a happy and successful event.

13 people agreed to open their gardens and there was a wide variety in style, size and content.

Su Powell Jones and Elizabeth Davies baked the delicious scones for the cream teas and Su gathered a group of ladies to help serve and clear up.



Maggie Beckley, with help from a friend and Brenda Hyde, organized and operated the plant stall.



In total, just over £1200 was made to go towards church repairs. Thank you to everyone who supported us.

Congratulations!

On June 26th Sue Jelleyman, our Curate, was licensed by the Bishop of Hereford to serve as Associate Priest in the Apedale Benefice. **We offer many congratulations and wish her well in her new appointment.**

Notes from St Peter's, Rushbury

Flower rota

Saturday 27th August & Saturday 3rd September - Vivienne Thorpe

If you are unable to do the flowers, please arrange a swap with someone else.

Cleaning rota

27th August - Derek and Ann

3rd September - John and Josie

Thank you for your contribution in keeping our church clean. We are always looking for more help to join the 'team'. Please contact Ann Price on 771636 if you can help.

We're on Twitter! Find out more about what is going on at your church by following



@StPeterRushbury

The 'Butty Van'

We invite all in the Farming Community to come for a bacon butty and a chance to chat on Thursday August 18th from 10.30am—12 noon.

at Villa Farm, Cardington, SY6 7HN

by kind invitation of Roger and Barry Pinches.

Come as you are, we look forward to seeing you!

This event is supported by the Borderlands Rural Chaplaincy which has now extended from Hereford into Shropshire. The Borderlands Rural Chaplaincy provides a confidential listening ear and pastoral support to farmers, farming families and agricultural communities.

LETTER FROM HEREFORD FOR AUGUST

Many churches have risen to the challenge of welcoming Ukrainian refugees. By the time you read this I hope we will have a family of five staying with us – visas permitting! We have been greatly helped by a support hub organised by the team at St. Peter's in Hereford. We won't have the time to help our guests with the labyrinthine procedures of registration, school places and the like. Fortunately, being part of the group means we can provide what we can and others will help them settle in.

A few weeks ago, some of the recently arrived guests reflected on the cultural differences they had encountered as they settled in. Notable was their bemusement about how English people say sorry all the time. Its true, we do! American friends find it odd as well. Ukrainians tend to be much more direct. Identifying these cultural differences reveals a lot about our different expectations. They can misinterpret our behaviour as insincere; we can interpret theirs as impolite. Both are misinterpretations, but clarifying these expectations is important.

This plays out in every sphere of life: school, home, community and Church. So much conflict could be avoided if we had the courage to have honest conversations about the effect the behaviour of others has on us, particularly in an environment where we decide we aren't going to take offence. Jesus' disciples' expectations of what a messiah would look like were completely wrong. Much of his ministry was about putting them right. The expectations of our clergy have often been formed in a completely different environment to now. One deanery in our diocese has 7 stipendiary clergy. In 1961 there were 17! Clearly, the current generation can't do the things their predecessors did. Similarly, some clergy's expectations of the people in the parishes may have been formed in a very different context to the multi-parish setting in which they now serve.

Many of the relational problems that naturally emerge in any community, and especially in churches, trace back to this expectation mismatch.

As we move forward as a diocese post-COVID these sorts of honest conversations will be vital to the health and well-being of the church. Listening to one another in order to understand rather than to respond will be a key element. Healthy communities are ones that identify conflict and move towards it to resolve it rather than avoid it and pretend it isn't there. I believe a church community that models handling disagreements well could be a very attractive one in a fragmented world like ours.

+Richard

A note from Sue....

Curate no more!

Many thanks to everyone who has sent me good wishes on the occasion of my Licensing as your Associate Priest, now that I have completed my training under the Licence as your Assistant Curate, that I received when I was ordained four years ago.

Thank you also, to everyone at St Andrew's Hope Bowdler, who made the Licensing Service on June 26th possible, even at short notice - to fit in with the Bishop of Hereford's other commitments that day at our end of the Diocese.

It was very special to see how many people came to the service and I was overwhelmed to find that a celebratory tea had been organised in the Village Hall.

So many more thanks must go to Sam, to Nancy and to Rev Matthew Stafford of Much Wenlock for their contributions to my training over the last four years and to others across these parishes and beyond who have played a much appreciated part in supporting me through the process.

I feel very blessed and look forward to continuing to serve you as Associate Priest.

Sue Jelleyman

PLEASE ALSO SEE SUE'S LETTER ON PAGE 3.

The Honeyptot Team would like to send their congratulations to Sue on this achievement! Many of you will be aware, but there will be those who don't, that Sue was editor of the parish magazine for some years.

COFFEE STOP Every Monday from 10.00am to midday at Rushbury Village Hall. Term time only. See Rushbury News for this month's dates. **EVERYONE IS WELCOME TO JOIN US.**

HOLY COMMUNION 9.30 am Holy Communion first Wednesday in month at St. Andrew's, Hope Bowdler.

A MONTHLY COMMUNION SERVICE, first Thursday each month, 1:30 p.m. at Mayfair Community Centre, Church Stretton. You would be most welcome.

WHAT'S GOING ON IN AND AROUND HEREFORD DIOCESE - explore www.hereford.anglican.org for information for Churchgoers, Visitors, about Church work and Diocesan News and views.

PRAYER AND CARE. In situations of illness or distress and need for prayer and perhaps visiting, please contact (with the permission of those affected) the Revd. Sam Mann, the Rev. Sue Jelleyman, or one of the churchwardens (details listed on the Church contacts page).

HOLY COMMUNION CAN BE TAKEN TO PEOPLE AT HOME if they are unable to get to church. Contact the Revd. Sam Mann, Revd. Sue Jelleyman, one of the churchwardens or one of the parish-link people if you would like either of these or if you know of someone else who would.

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A big "THANK YOU" for all the work you do in our communities!

These ladies unexpectedly received formal invitations to a Garden Party at Orleton Hall as a THANK YOU for voluntary work carried out during Covid.

There was a brass band, and delicious food served delightfully. The weather was warm, sunny but a bit breezy. Sometimes hats needed a hand to hold them on.

They enjoyed dressing up for the special occasion and appreciated their work being recognised.



N.B. Each of these ladies did in fact receive their own personal invitation. This photograph has been digitally altered to show all five ladies for the purpose of this article.

Some sad news...

Annie Nutting

We were so sorry to learn that Annie Nutting has died.

She was a very popular landlady when Annie and Lloyd owned The Plough Inn at Wall. She fed us well and contributed greatly to our community. Many ex-pupils of Rushbury School were introduced to the world of work by Annie.

High standards and high expectations were her hallmark.

She could manage people and situations well with her distinctive voice of authority.

We loved you Annie.

From some of your old time regulars.



FROM OUR FACEBOOK PAGE... The glories of Wenlock Edge

Claire Nicholson: The Honeypot Parish Magazine

June 20 at 9:20 PM

It is hard to beat an early evening walk above Rushbury on Wenlock Edge, looking across to the Brown Clee and admiring the flora.



The Honeypot Parish Magazine
June 19 at 9:57 AM

Photographs from Wenlock Edge, taken while walking with the Ape-dale Amblers. The yellow flowers are Dyer's Greenwood.

Liz Welch



.... And one from **Peter Steggles**.



Clare Greener at Wall Flowers has become rather a celebrity!

First of all she made an appearance from the flower fields on Midlands Today on June 24th.

Clare is also given, along with her husband Andrew, a full-page feature in the August edition of the English Garden Magazine.

It has been a pleasure to watch one of our advertisers business' grow from an idea to such a success, and she keeps those of us on Facebook engaged with her interesting and informative posts.

WE ENJOYED THE AMUSING VIDEO PRODUCED BY RUSHBURY AND CARDINGTON YOUNG FARMERS TO PROMOTE THE SHROPSHIRE COUNTY RALLY. DO TAKE A LOOK.... (EITHER ON OUR FACEBOOK PAGE OR THAT OF THE YOUNG FARMERS) I PROMISE IT WILL MAKE YOU SMILE! SEE ALSO THEIR REPORT ON PAGE 6.

PLEASE HELP US BY SHARING PHOTOGRAPHS OF LOCAL WALKS AND WILDLIFE, PUBLICISING YOUR EVENTS, ITEMS OF LOCAL INTEREST, BOOK REVIEWS. WE ARE ALSO HAPPY TO INCLUDE OCCASIONAL ITEMS FROM THOSE LOCAL BUSINESSES WHO SUPPORT US BY ADVERTISING WITH US. PLEASE LIKE OUR POSTS AND SHARE OUR POSTS TO YOUR FRIENDS AS IT WILL HELP OUR PAGE AND OUR NEWS TO BE FOUND.

Around and about 000000 News from outside the Four Parishes

Much Wenlock and Cressage Practice News

Senior Lunch Club

Our Senior Lunch Club continues to be a great success, held **EVERY TUESDAY** from **12:00 – 15:00** at **The Fox** pub in Much Wenlock (opposite the medical practice), paying £5 for a hot meal and drink. This is a great opportunity to meet others and have a meal together. The Friendly Bus is able to provide transport and advertise the trip for anyone in need of a lift.

August Bank Holiday Closure

The Practice will be closed on Monday 29th August, reopening on Tuesday 30th August. Please note that the E Consult service will close at 12.00 noon from Friday 26th August, re-opening at 8.00 am on Tuesday 30th August. Please ensure you have sufficient medication for the bank holiday period. If you require urgent medical advice that cannot wait, please contact 111.

Church Stretton Rotary News

Thought about joining Rotary but have limited available time? A new type of club could be for you.

Mercia & Marches is a Rotary club with a difference. Meetings focus on service and socialising, so it fits well with people's busy lives.

The group comprises of members from across areas of Shropshire, Staffordshire and the West Midlands. It meets primarily online (except for occasional social meetings) and is not asking for regular commitment but simply seeks folk who are willing to do what they can when they can to help their local communities and beyond.

It is a dynamic group of people who operate in an informal style to provide services that address areas of need in their communities and beyond.

The main emphasis of the group, therefore, is on action and in developing an engaged and diverse membership that serves humanity through local, national and global projects.



For more information please contact:

President Derek Smith dereksmith42@hotmail.com phone **01694 723189**
or **Secretary Cressida Dickens** crezdickens1210@gmail.com & mobile **07541 731 149**

Lightbulb moments at Youth Conference

Young people from south Shropshire worked together with local decision makers to make change happen at the **Youth Conference South Shropshire on Saturday 25 June**.

The free event brought young people from all over the area together to talk to Town, Parish & County Councillors and other leaders in a relaxed atmosphere about what they want, need, like where they live.

More than 50 people attended the event at Shropshire Hills Discovery Centre in Craven Arms, including Town Council representatives from Ludlow, Bishop's Castle, Clun with Chapel Lawn, Craven Arms and Broseley.

Half of the organising team were under 25 and they put together an interactive programme that included campaign t-shirt making, podcast production, and intergenerational conversations about activism and local action. On the day attendees created a number of action plans. These included working on youth drop-in sessions in Bishop's Castle and installing a skate bowl in Craven Arms.

Marinke Fontein, Infrastructure Support Officer with South Shropshire Youth Network (SSYN), says: "It was good to see so many Councillors and representatives of organisations such as the Islamic Centre in Craven Arms, Healthwatch Shropshire, South Shropshire Climate Action, and the Office of Police & Crime Commissioner actively engage with young people, building big change by making small steps."

Participants were asked to pledge to take action around a specific issue. The pledge commitment could be big or small, for example, sending an email, making a phone call, or talking to friends about an issue. SSYN will follow the pledges up in autumn and will work with local communities to help push things forwards.

Marinke adds: "We also asked people to record their lightbulb moment of the day. Here's one: 'Young people are ready to think about the needs of other groups alongside their own.' To me that sums up how important intergenerational conversations are."





Mini Beasts in your Garden

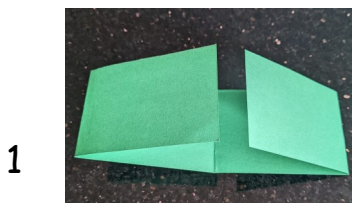
If you look carefully amongst the greenery in your garden, you may find a caterpillar munching away at the leaves.

Did you know that they have 12 eyes but can only see light and shade?

How amazing it is that these little beasties, after growing to 100 times their initial size, make a cocoon and emerge as beautiful butterflies.

Something to do:...

You may like to make a caterpillar racing game to play with your friends.



1



2



3



4

1 Fold a piece of A4 paper(not card) into four lengthwise and cut along the folds. These strips will make 4 caterpillars.

2 Fold each strip in half end to end.

3 Open out and fold each end into the middle, twice. (Fig 1 and 2)

4 Fold in half again and rim off the corners with scissors. (Fig 3)

5 Open out completely and draw a face on one end. (Fig 4)

6 Blow on the back end with short puffs and the caterpillar will move.

7 Make more and race them with your friends.

Will YOU win the race?

Anne Davis

News from Little Acorns of Rushbury



Little Acorns are so pleased with their new log circle (thanks to one of our fathers who is a tree surgeon). The children have been very busy moving soil with the wheelbarrow to fill some holes and get the area spick and span.

We now have a paddling pool, which has been brilliant for keeping us cool in the hot weather – Little Acorns have been having a whale of a time!

Lots of wildlife to spot in Forest School recently – including a grass snake, as well as our resident toad and lots of newts. The wildflowers have been lovely this year and we have even made our own elderflower cordial – delicious!

Our outdoor stay and play sessions take place on Tuesday mornings at 9.30am. If you would like more information about this or our pre-school please contact Elaine by e-mail info@littleacornsrushbury.org.uk or visit our website www.littleacornsrushbury.org.uk



Our new log circle



Making elderflower cordial



Moving soil

A RECIPE AND A STORY ...

Langues - de - chat

"What?" That's French for 'Cat's tongues' - otherwise known, in a slightly different shape, as Barmouth biscuits'.

Coming out of war lots of food was still rationed, and I think families had to be registered for their shopping. At our family grocers I would be sat down on (it seemed to me then) a very tall chair by the counter as my mother's order was dealt with, and lovely Mr. Lloyd would give me broken biscuits to eat! (I suppose they couldn't be sold). Then all the groceries were put into the bottom of my little sister's pram, the floor put back and off we went home.

When biscuits eventually came 'off ration' these were the ones that imprinted themselves on my child's mind. They are delicious!

As the years went by they disappeared from the shelves - maybe not commercial and certainly with a tricky shelf life as they are rather fragile - so I was delighted a few months ago to find this recipe, but in French.

Here it is, translated for you.

Barmouth biscuits (makes about 20-25 biscuits)

2 egg whites

100g sugar

60g flour

60g melted butter

Pinch of salt

Oven 120C; baking trays covered with silicone baking paper.

Beat the egg whites rapidly with a fork, then tip in the sugar, the flour, the butter, and a pinch of salt. Mix together.

Drop spoonfuls on to the prepared baking trays, allowing room for spreading (experience will tell you how much!)

Bake for about 8-10 minutes, until they are golden brown round the edges.

BON APPETIT!

Shirley McNicol

Thank you!

Well I asked you for any spare bags and boy did you deliver! (literally!) To those who handed them over to me and also to all who left them at my door, I am very grateful and have a plentiful supply - many thanks to you all.

Shirley

If at any time you have not received your magazine, please contact your local head of distribution.

They are:-

Cardington: Mrs Jane McMillan 01694 771424 janesmailaddress@gmail.com

Eaton: Mrs Jenny Rose 01584 841251 gandjrose@mypostoffice.co.uk

Hope Bowdler: Mr Mervyn Lewis 01694 722413 merv.lewis55@gmail.com

Rushbury: Mrs Margaret Barre 01694 771215 or Christine Beaver: 07831224457 christine.beaver@outlook.com

This Month's Dates for our Four Parishes

AUGUST

- 10 Wed DEADLINE DATE FOR COPY FOR SEPTEMBER PARISH MAG TO REACH THE EDITOR**
13 Sat R&C YF Coffee Morning for Lingen Davies.. CVH. 9.30am—12.30pm. *p6*
17 Wed R&C WI RVH. 7.30PM. *p5*
18 Thu The Butty Van. Villa Farm, Cardington from 10.30—12 noon. *p13*

SEPTEMBER

- 5 Mon Coffee Stop returns after the summer break. RVH. 10am. *p6*
6 Tue Cardington Parish Council Meeting. CVH. 8pm. *p4*
10 Sat Harvest Flower Festival. St Edith's, Eaton. 10.30am-5.30pm. *p4 and p12*
11 Sun Harvest Flower Festival. St Edith's, Eaton. 10.30am-5.30pm. *p4 and p12*
11 Sun Acting Workshop. Cardington. *p4*

The rainfall at Ticklerton in June 2022 was 60mm.
Claire Nicholson

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